



Frances E. Seeger

March 13, 1950 - September 28, 2020

Frances (Fran) Evelyn Stachow Seeger, 70, of Lemoyne, PA died peacefully at home on Monday, September 28, 2020 following a brief illness. She was the beloved wife of John-Mark Seeger of forty-five years. Fran was predeceased by her parents, Frank Eugene Stachow and Mary H. Stachow and a younger brother, Patrick Stachow. Frances grew up in Annville, Pennsylvania. She was a 1968 graduate of Lebanon Catholic High School and four years later earned a degree in Political Science from Lebanon Valley College. She went on to attain two Masters degrees from American University in Washington, D.C.

Early in her career Fran was recognized as one of the Outstanding Young Women of America. In 1978, with that accolade in tow, Fran left a public information position with The U.S. Department of Agriculture to become Executive Producer of WTTG-TV's Panorama, a daily entertainment show with host Maury Povich. After Panorama Fran's career accelerated with rewarding stops at wide ranging media relations and marketing venues: Advance staff for a Presidential campaign, Media Relations Manager at The American Red Cross and Event Planner for the Presidential Inaugural Committee all led the way to Fran becoming Vice President, Communications for The Insurance Institute for Highway Safety in 1989. It's an understatement to say that Fran excelled at whatever she put her mind to and shattered any deterrent in her path. Other notable titles Fran had included: Emmy Award

Winner, Director of Marketing and Special Programs at American University, adjunct professor at two Pennsylvania colleges, Executive Director for Central PA hunger relief agency, and Freelance Writer for the Patriot News. More recently, Fran dedicated her time to helping others in her community. She volunteered at New Hope Ministries helping in the food pantry where she also taught classes on life skills for individuals needing help with budgeting, financial planning, and resume writing. Fran put her heart and soul into everything she did and always set out with the goal of helping others. Fran was an avid gardener and cook; well known for her various recipes of zucchini relish, corn soufflé, and apricot jam.

Surviving are two sons, Jonathan Seeger and wife, Lindsay of Lemoyne, PA; Michael Seeger and wife, Nikole, of Union, ME; eight siblings, David Stachow, husband of Renee, Lebanon, PA; Andrew Stachow, husband of Miriam, Orlando, FL; Richard Stachow, partner of Jan, of Brooklyn, N.Y., Robert Stachow, husband of Jane, of Arlington, TX.; Michael Stachow of Beaverton, OR.; Sister Mary Ann Stachow, SBS of New Orleans, LA.; Elizabeth Guthrie, wife of Robert Guthrie of Newport News, VA.; and Susan Landersman of Harrisburg, PA.; one grandchild, Sullivan Seeger; and many nieces and nephews.

Family and friends are invited to an outdoor Celebration of Life on Saturday October 10, 2020 from 1pm-4pm at the Seeger residence: 404 Summit Street, Lemoyne, PA, 17043. In lieu of flowers, contributions can be made to Lebanon Valley College, c/o Frank E. Stachow Scholarship Fund, 101 N. College Avenue, Annville, PA, 17003 in her memory.

The Musselman Funeral Home is Honored to Serve The Seeger Family. 324 Hummel Avenue, Lemoyne, PA 17043.

MUSSELMAN

Previous Events

A Gathering of Family and Friends

OCT **10**. 1:00 PM (ET)

The Seeger Residence
404 Summit Street
Lemoyne, PA 17043